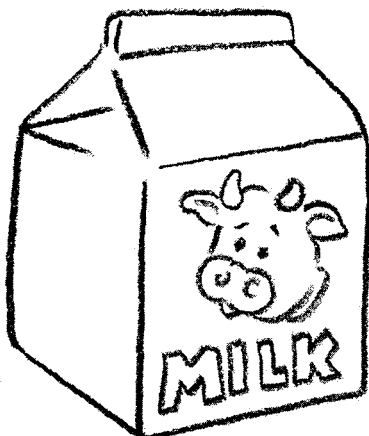


Yum, Yum



- Develop your toddler's language skills when you prepare a meal or snack by chanting the following verse or singing it to the tune of "The Farmer in the Dell."

It's time to find the milk

It's time to find the milk

Hi, ho, the derry oh

It's time to find the milk.

- Walk to the refrigerator and take out the milk carton. Say, "Oh boy, I love milk. Yum, yum."
- Use the chant with other foods or household items. Take out the item, chant the verse, then talk about the food.
- Expressing pleasant emotions with your toddler is very good for brain development.
- In addition, games such as this one develop language skills.

12 TO 15
MONTHS

9

WHAT BRAIN RESEARCH SAYS

Tone and facial expressions are understood before words. Emotional learning is intertwined with all domains of learning.

30 TO 33
MONTHS

104

**WHAT BRAIN
RESEARCH SAYS**

Scientists are just now realizing how much experiences after birth, rather than something innate, determine the actual "wiring" of the human brain.

Here Comes Susie Moosey



- Say the following using your child's name and rhyming it. For example, "Here comes Bobby Dobby," "Here comes Aaron Baron," or "Here comes Jackie Wacky."

*Here comes Susie Moosey
Walking down the street.
She can walk a lot of ways
Watch her little feet.*

- Suggest an action for your two-year-old to do.

*Hop Susie Moosey
Hop, hop, hop.
You can hop down the street
With your little feet. (hop with your child)*

- Additional ideas are jump, run, tiptoe, slide, skate, and march.
- This game will develop her listening skills and her coordination.