

## Rhythmic Reach

*Whole group*

Little ones practice crossing the midline with this activity! Have youngsters sit cross-legged facing you. Then place a beanbag on the floor next to each child's right hip. Play a recording of relaxing music and instruct each child to reach across her body with her left arm, pick up the beanbag, and then bring her arm back and place the beanbag on the floor next to her left hip. Have her repeat the process using her right arm. For an added challenge, repeat the activity using a recording of upbeat music.



## Invisible Paintings

*Whole group*

With this giggle-inducing song, students use whole-arm movements to "paint" shapes and lines.

*(sung to the tune of "My Bonnie Lies Over the Ocean")*

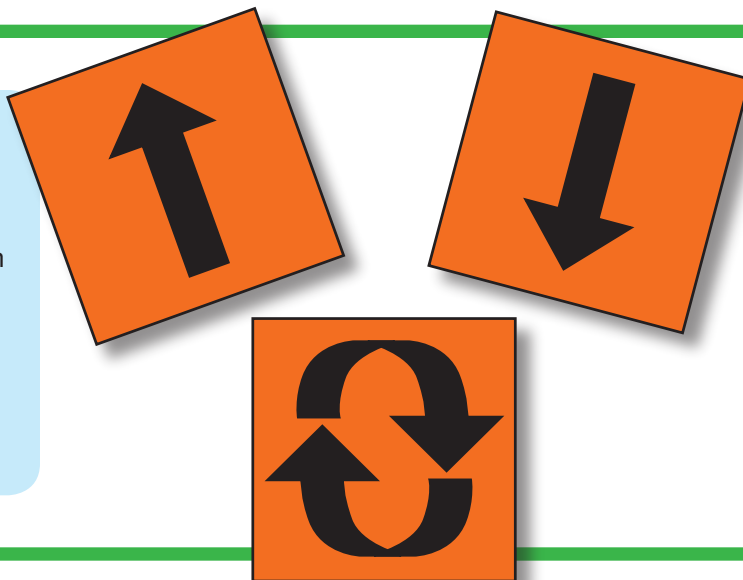
It's such fun to paint pretty pictures.  
I paint lots of circles and squares.  
I paint lines both crooked and straight.  
I even paint big hungry bears! Grrrr!  
Painting, painting,  
I paint lots of circles and squares, and squares!  
Painting, painting,  
I even paint big hungry bears!

*Move right arm back and forth.  
Draw a circle and a square in the air.  
Draw crooked and straight lines.  
Arch fingers like claws.  
Move right arm back and forth.  
Move left arm back and forth.*

## Up, Down, and All Around!

*Small group*

For prewriting practice, program tagboard cards with arrows as shown. Position students in an open space so each child has plenty of room to move. Hold a card in the air and encourage each student to move his arm in the direction indicated by the arrow. Continue in the same way, adjusting the cards so youngsters move their arms in several directions.



Name \_\_\_\_\_

Letter *D*



Trace.



Write.

